



Town of Santa Claus 2018 Health Screening Information Sheet

What screenings will be included?

Height & Weight, Body Mass Index (BMI), Waist Circumference, Cholesterol, HDL, LDL, Triglycerides, Cholesterol Ratio; Blood Pressure; Blood Glucose; Chemistry Panel lab test, and Tobacco status. Needle draw (venipuncture) is used to obtain blood for Cholesterol and Chemistry tests. An optional PSA screening (blood test) will also be available to men 50 and older or those at a high risk for prostate cancer. An optional colon cancer take-home screening kit will also be available. Colon screening is recommended annually for adults 50 and older.

Who is it for? Everyone interested is eligible to participate in this health screening. Open to general public.

When/Where? Tuesday, August 21, 2018 from 7:00-9:30 a.m. CT at the Community Center, 200 N. Holiday Blvd. Santa Claus, IN 47579

Do I need to fast?

Yes—12 hours. Take medication as prescribed. (We will schedule individuals with diabetes early if requested.) Drinking water is permitted.

Why do screenings?

- ◆ To keep you informed of your health status.
- ◆ To encourage you to practice healthy habits.
- ◆ To monitor improved health from year to year.

How long does it take?

About 20 minutes. Appointments will be made every 15 minutes.

What does it cost?

The cost of the basic screening and optional tests will need to be paid at the time of the screening. Cost: \$39 for each basic screening; \$20 per optional PSA, \$8 per optional colon cancer kit.

How do I sign up?

Sign up online by visiting www.mhhcc.org. Scroll down to “Health Screenings” on the right side. Find the correct date in which you want to register for the screening.

Username: Town of Santa Claus

Password: 2018

Are my screening results confidential?

Yes, only you and the screening staff at Memorial Hospital and Health Care Center will know the results. We encourage you to share the results with your physician.

When do I get my results?

A Health Educator will bring your confidential results to the Community Center on Thursday, August 30 from 4:00-5:00 pm CT and help explain your results. She will be available to answer any questions you choose to ask in private.

What if my results are outside the normal range?

Results outside the normal range present you with a Health Risk. The more risks, the greater the chance for cardiovascular disease and other illnesses. We recommend you consult your primary care provider when this occurs. An extra copy of your results will be provided in your packet so that you may take a copy of your results with you to your next primary care provider appointment. This screening does not take the place of routine medical exams.

What if I do not have a family physician?

Memorial Hospital has a Provider Referral Service.

Call 812-996-8470 or 1-800-852-7279, ext. 8470.

Who is providing this service?

Memorial Hospital and Health Care Center...because your wellness is our concern!!

For more information contact : Cassidy Osborne at 812-996-2311 or cosborne@mhhcc.org